Monday October 5th 2026

Dear Parents and Carers,

As part of our wider St Philip Howard Education (SPHE) programme, we are fully committed to supporting every student's personal development, extending learning far beyond the classroom. A key part of this work is our SPH Experience Days—designed to build essential life skills and broaden understanding, helping prepare young people for life in and beyond school.

We are delighted to confirm the first of this academic year's two SPH Experience Days will take place on Wednesday October 14th for all Year 7 students. This day will focus entirely on personal safety and wellbeing, with students taking part in practical, interactive sessions:

- First Aid Training – delivered by a specialist external provider, covering essential skills to respond confidently in emergencies.
- CPR Training – hands-on practice of this vital, life-saving technique.
- Road & Community Safety – led by PCSO Buller, helping students stay safe when travelling and engaging with our local area.

This experience forms a core part of our SPHE curriculum, equipping students with knowledge and skills they will use throughout their lives.

Practical arrangements

- Students should attend school in their full SPH PE kit.

If you have any questions or would like further information, please do not hesitate to get in touch. Thank you, as always, for your continued support in helping your child get the very most from this valuable opportunity.

Yours sincerely,
Mrs Ganderton-Burns
Deputy Headteacher