

AUGUST 2024 - YEAR B - 21ST WEEK IN ORDINARY TIME



Beginnings

Virtue Link: **Diligence**

CST Link: **Stewardship**

Mission: **Where in your life do you need a fresh start? Make a promise this week to do something differently from now on.**

We are always given opportunities for new beginnings in Christ. His love, forgiveness and example helps us to focus on what is important and to make positive changes in our lives and the lives of others.

SUN 25TH

MON 26TH

TUES 27TH

WED 28TH

THURS 29TH

FRI 30TH

SAT 31ST

**21ST
ORDINARY
TIME**

**Monday of
Week 21**

**Bl. Dominic
Barberi**
Priest



St Monica



St Augustine
Bishop & Doctor



**Passion of St
John the
Baptist**



**Dedication of
St Barnabas
Cathedral**



**Saturday of
Week 21**

**St Aidan &
Saints of
Lindisfarne**

Memorial
**Blessed
Virgin Mary**

SEPTEMBER 2024 - YEAR B - 22ND WEEK IN ORDINARY TIME



Welcome

Virtue Link: **Gratitude**

CST Link: **The Common Good**

Mission: **Find someone new in your community and make them feel welcome.**

We are all called to welcome others into our communities, to open our doors and bring people in - particularly those on the margins and those who feel left out. Being welcoming helps those new to our community to feel loved, supported and included. We are all one body in Christ, everyone is welcome, and everyone has a part to play.

SUN 1ST

MON 2ND

TUES 3RD

WED 4TH

THURS 5TH

FRI 6TH

SAT 7TH

**22ND
ORDINARY
TIME**

Monday of
Week 22

**St Gregory
the Great**
Pope, Doctor



St Cuthbert
Bishop



**St Teresa of
Calcutta**
*Founder of the
Missionaries of
Charity*



Friday of
Week 22

Saturday of
Week 22

Memorial
**Blessed
Virgin Mary**



SEPTEMBER 2024 - YEAR B - 23RD WEEK IN ORDINARY TIME



Encounter

Virtue Link: **Patience**

CST Link: **Human Dignity**

Mission: **Make time this week to look at where you might encounter Jesus in those around you.**

To encounter Christ is to have a personal experience of God's love and presence. It can happen in any place or time, and it can take many different forms. We often encounter Christ when we feel loved and cared for and we too can help others to encounter when we share his love with others. An encounter with Christ can be a life-changing experience that can give us strength, hope, and peace.

SUN 8TH

MON 9TH

TUES 10TH

WED 11TH

THURS 12TH

FRI 13TH

SAT 14TH

23
ORDINARY
TIME

Monday of
Week 23

St Peter
Claver
Priest



Tuesday of
Week 23

Wednesday
of Week 23

Thursday of
Week 23

**MOST HOLY
NAME OF
MARY**

St John
Chrysostom
Priest, Doctor



**EXALTATION
OF THE
HOLY
CROSS**



SEPTEMBER 2024 - YEAR B - 24TH WEEK IN ORDINARY TIME



Identity

Virtue Link: **Charity**

CST Link: **Human Dignity**

Mission: **Take a selfie doing something that you love and that says something about who you are.**

Identity is the sense of who we are as individuals. It is shaped by our experiences, our beliefs, and our relationships. In the Catholic faith, our identity is rooted in our relationship with God. We are created in the image and likeness of God, and we are called to be his children and to respect the dignity of all people.

SUN 15TH

MON 16TH

TUES 17TH

WED 18TH

THURS 19TH

FRI 20TH

SAT 21ST

24
ORDINARY
TIME

**Ss Cornelius
& Cyprian,**
Martyrs



**Tuesday of
Week 24**

Feast
**St Robert
Bellarmine,**
Bishop, Doctor

Feast
**St Hildegard
of Bingen,**
Virgin, Doctor

Feast
**St Juan
Macias**
Religious



**Thursday of
Week 24**

St Januarius,
Bishop,
Martyr

**St Theodore
of Tarsus,**
*Archbishop of
Canterbury*

**Ss Andrew
Kim Taegon
& Paul Chong
Hasang &
Companions,**
Korean Martyrs



**St Matthew,
Apostle,
Evangelist,**
Martyr





Understanding

Virtue Link: **Temperance**

CST Link: **Rights and Responsibilities**

Mission: **Find time to talk to someone you don't know very well this week so that you can understand them better.**

Understanding is the ability to comprehend and interpret information. It is essential for building relationships, for empathising with others and for making good decisions. In the Catholic faith, we are called to be understanding of others and to be compassionate towards them, even when we disagree with them.

SUN 22ND

MON 23RD

TUES 24TH

WED 25TH

THURS 26TH

FRI 27TH

SAT 28TH

25
ORDINARY
TIME

**St Pio of
Pietrelcina
(Padre Pio),**
Priest



**OUR LADY OF
WALSINGHAM**



**Wednesday
of Week 25**

**Thursday of
Week 25**

**Ss Cosmos &
Damian,**
Martyrs



**ST VINCENT
DE PAUL**
PRIEST



**Saturday of
Week 25**

St Wenceslaus,
Martyr

**St Dominic Ibanez,
St Lawrence Ruiz &
St Alphonsus
Navarette**

Memorial
**Blessed Virgin
Mary**

OCTOBER 2024 - YEAR B - 26TH WEEK IN ORDINARY TIME



Solidarity

Virtue Link: **Fortitude**

CST Link: **Solidarity**

Mission: **Research the work of CAFOD this week and find a campaign action that will help you stand in solidarity with others..**

Solidarity is the feeling of unity and support for others. It is essential for building a just and compassionate society. In the Catholic faith, we are called to be in solidarity with the poor and the marginalized and with those who are suffering, both physically and emotionally. Even if we have not met them, our faith creates an obligation in us to support our brothers and sisters in Christ.

SUN 29TH

MON 30TH

TUES 1ST

WED 2ND

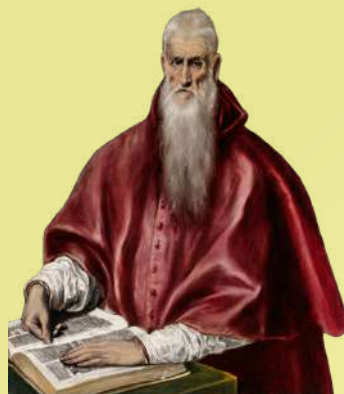
THURS 3RD

FRI 4TH

SAT 5TH

26
ORDINARY
TIME

St Jerome,
Priest, Doctor of the Church



St Therese of Lisieux,
Virgin, Doctor of the Church



Holy Gaudian Angels



Thursday of Week 26

St Francis of Assisi

Patron of Ecology, Founder of The Franciscans



Saturday of Week 25

Bl. Robert Sutton & Martyrs of Liecsetershire



St Faustina Kowalska,
Religious



Memorial
Blessed Virgin Mary

OCTOBER 2024 - YEAR B - 27TH WEEK IN ORDINARY TIME



Rosary

Virtue Link: **Prudence**

CST Link: **Stewardship**

Mission: **Find time to pray the Hail Mary or the Rosary this week.**

The Rosary is a prayer that we can all use to meditate on the life of Jesus Christ. It is a powerful tool for prayer and spiritual growth through the intercession of Mary our mother. The Rosary can help us to grow in our faith, to deepen our relationship with God, and to find peace and comfort in difficult times.

SUN 6TH

MON 7TH

TUES 8TH

WED 9TH

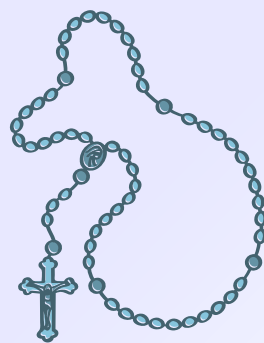
THURS 10TH

FRI 11TH

SAT 12TH

27
ORDINARY
TIME

OUR LADY
OF THE ROSARY



Tuesday of
Week 27

**St John
Henry
Newman**
Priest



**St Paulinus,
Bishop, &
Anglo-Saxon
Saints of our
Diocese**

Friday of
Week 27

**St Denis &
Companions**

**St John
Leonardi,**
Priest

St John XXIII,
Pope

Saturday of
Week 27

St Wilfrid,
Bishop & Missionary

**Bl Carlo
Acutis**



Memorial
**Blessed Virgin
Mary**

OCTOBER 2024 - YEAR B - 28TH WEEK IN ORDINARY TIME



Poverty

Virtue Link: **Gratitude**

CST Link: **Options for the Poor**

Mission: **Make a donation or money, items or time to a charity this week.**

In the Catholic faith, we are called to care for the poor and to work to alleviate poverty. We are also called to be aware of the causes of poverty and to work to change them. Scripture reminds us that we can be financially poor but we can also be poor in spirit and that as followers of Jesus we should show mercy to all people, especially those most in need.

SUN 13TH

MON 14TH

TUES 15TH

WED 16TH

THURS 17TH

FRI 18TH

SAT 19TH

28
ORDINARY
TIME
St Edward
the
Confessor



Monday of
Week 28

St Callistus,
Pope, Martyr

St Teresa of
Avila,
Virgin, Doctor



Wednesday of
Week 27

St Hedwig,
Religious

St Margaret
Mary Alacoque,
Virgin

St Ignatius of
Antioch,
Bishop, Martyr



St Luke the
Evangelist,
Gospel Writer, Martyr



Saturday of
Week 28

Ss John de Brebeuf
& Isaac Jaques

St Paul of the Cross

St Philip Howard
Martyr



Memorial
Blessed Virgin Mary

OCTOBER 2024 - YEAR B - 29TH WEEK IN ORDINARY TIME



Service

Virtue Link: **Diligence**

CST Link: **Family and Community**

Mission: **Seek out those people in your community who serve others and thank them for what they do.**

Service is the act of helping others, even when it means a sacrifice for ourselves. It is an essential part of the Catholic faith, as it is a way of showing love and compassion for others by putting our faith into action. Our faith calls us to serve others in need, both in our own community and in the world at large as humble servants, just as Christ did.

SUN 20TH

MON 21ST

TUES 22ND

WED 23RD

THURS 24TH

FRI 25TH

SAT 26TH

29
ORDINARY
TIME

Monday of
Week 29

Tuesday of
Week 29

Wednesday of
Week 29

Thursday of
Week 29

Friday of Week
29

Saturday of
Week 29

**St John Paul
II,**
Pope



**St John of
Capistrano,**
Priest

**St Anthony
Mary Claret,**
Bishop

**Ss Chad &
Cedd,**
*Bishops,
Missionaries*

Memorial
**Blessed Virgin
Mary**

OCTOBER 2024 - YEAR B - 30TH WEEK IN ORDINARY TIME



Compassion

Virtue Link: **Patience**

CST Link: **Rights and Responsibilities**

Mission: **Say a prayer for someone you know is struggling. Find time to be with them this week.**

Compassion is the feeling of wanting to help others who are suffering. It is an essential part of the Catholic faith, as it is a way of showing love and mercy for others. In the Catholic faith, we are called to be compassionate to those who are suffering, both physically and emotionally.

SUN 27TH

MON 28TH

TUES 29TH

WED 30TH

THURS 31ST

FRI 1ST

SAT 2ND

30
ORDINARY
TIME

**Ss Simon &
Jude**
Apostles, Martyrs



Tuesday of
Week 30

Wednesday of
Week 30

Thursday of
Week 30

**ALL
SAINTS**
*Solemnity,
Holy Day of Obligation*



**ALL
SOULS**



NOVEMBER 2024 - YEAR B - 31ST WEEK IN ORDINARY TIME



Accompaniment

Virtue Link: **Justice**

CST Link: **Family and Community**

Mission: **Think about the people who walk with you in life. Take time this week to tell them how much they mean to you.**

Accompaniment is the act of walking with someone on their journey. It is how we, as followers of Christ, show support and love for others. We are called to accompany others on their journey of faith, both in good times and in bad, just as the Holy Spirit watches over each of us in our own lives.

SUN 3RD

MON 4TH

TUES 5TH

WED 6TH

THURS 7TH

FRI 8TH

SAT 9TH

31
ORDINARY
TIME

St Charles
Borromeo
Bishop



Tuesday of
Week 31

Wednesday of
Week 31

Bl. Alphonsus
of Navarete

Thursday of
Week 31

All Saints of
the
Dominicans



Friday of
Week 31

Dedication of
the Lateran
Basilica





Remembrance

Virtue Link: **Courage**
CST Link: **The Common Good**
Mission: **Spend time in prayer to remember those people who are important to us and who are no longer with us.**

Remembrance is an important part of our faith. We remember the saints, those who have died, and the events of our history. Remembrance helps us to reflect on how those who've gone before us have shaped and inspired our lives today.

SUN 10TH	MON 11TH	TUES 12TH	WED 13TH	THURS 14TH	FRI 15TH	SAT 16TH
<div>32</div> <div>ORDINARY</div> <div>TIME</div>	<div>St Martin of Tours, <i>Bishop, Patron of chaplaincy</i></div> <div></div>	<div>St Josaphat, <i>Bishop, Martyr</i></div> <div></div>	<div>Wednesday of Week 32</div> <div></div>	<div>Thursday of Week 32</div> <div></div>	<div>Friday of Week 32</div> <div></div> <div>St Albert the Great <i>Bishop, Doctor</i></div>	<div>Saturday of Week 32</div> <div></div> <div>St Margaret of Scotland</div> <div>St Edmund of Abingdon <i>Bishop</i></div> <div>Memorial Blessed Virgin Mary</div>

NOVEMBER 2024 - YEAR B - 33RD WEEK IN ORDINARY TIME



Youth

Virtue Link: **Justice**

CST Link: **Rights and Responsibilities**

Mission: **Make the effort to have a positive and youthful attitude this week. Help others to see hope in difficult situations**

Young people have a vital role to play in the life of the Church and in the world. They offer hope, inspiration and courage. We are all called to be young in our outlook and our attitude and we can see in young people an example of how to live life to the full.

SUN 17TH

MON 18TH

TUES 19TH

WED 20TH

THURS 21ST

FRI 22ND

SAT 23RD

33
ORDINARY
TIME

Monday of
Week 33,

Dedication of
the Basilica of
Ss Peter &
Paul

St Elizabeth of
Hungary,
Religious



Wednesday of
Week 33

PRESENTATION
OF THE BLESSED
VIRGIN MARY



St Cecelia
Virgin, Martyr



Saturday of
Week 33

St Clement I,
Pope, Martyr

St
Columbanus
Abbot, Missionary

Memorial
Blessed Virgin
Mary

NOVEMBER 2024 - YEAR B - 34TH WEEK IN ORDINARY TIME



Kingdom

Virtue Link: **Fortitude**

CST Link: **Stewardship**

Mission: **Think of one thing you can do to make your community more like the kingdom of heaven.**

The Kingdom of God is a place of peace, justice, and love. It is a place where everyone is welcome and everyone is loved. The Kingdom of God is not a place that we will find on a map, but it is a way of life that we can work towards building in our own lives and in the world around us.

SUN 24TH

MON 25TH

TUES 26TH

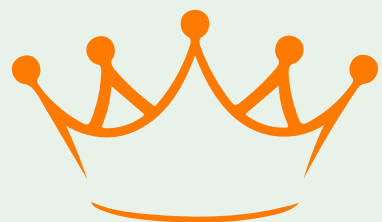
WED 27TH

THURS 28TH

FRI 29TH

SAT 30TH

**CHRIST THE
KING**
WORLD YOUTH
SUNDAY



Monday of
Week 34

**St Catherine
of Alexandria**
Virgin, Martyr



Tuesday of
Week 34

Wednesday of
Week 34

Thursday of
Week 34

Friday of Week
34

St Andrew
*Apostle, Martyr,
Patron of Scotland*



DECEMBER 2024 - YEAR C - 1ST WEEK OF ADVENT



Hope

Virtue Link: **Temperance**

CST Link: **Family and Community**

Mission: **Think of a reason that you have to be hopeful. Share that hope with someone this week.**

Hope is an expectation and desire for the things that are to come in the future. It is a powerful virtue that can help us to persevere through difficult times. In the season of Advent, we hope for the coming of Jesus and that he will bring peace, joy and love to the world.

SUN 1ST

MON 2ND

TUES 3RD

WED 4TH

THURS 5TH

FRI 6TH

SAT 7TH

**St Ralph Sherwin
Feast Day**



**Monday of
Advent
Week 1**

**St Francis
Xavier**
Priest



**Wednesday of
Advent
Week 1**

**St John
Damascene**
Priest, Doctor

**Thursday of
Advent
Week 1**

**Thursday of
Advent
Week 1**

St Nicholas
Bishop



St Ambrose
Bishop, Doctor



**1ST
SUNDAY
OF ADVENT**



DECEMBER 2024 - YEAR C - 2ND WEEK OF ADVENT



Peace

Virtue Link: **Prudence**
CST Link: **Solidarity**
Mission: **Find a way to bring peace to a difficult situation or relationship this week.**

In the season of Advent, we pray for peace in the world. We know that Jesus Christ is the Prince of Peace, and we believe that he will bring peace to all people.

SUN 8TH	MON 9TH	TUES 10TH	WED 11TH	THURS 12TH	FRI 13TH	SAT 14TH
<div>2ND SUNDAY OF ADVENT</div> <div></div>	<div>IMMACULATE CONCEPTION OF OUR LADY</div> <div>Solemnity Patronal Feast of the Diocese</div> <div></div>	<div>Tuesday of Advent Week 2</div> <div>Ss Augustine Webster, Eustace White & the Martyrs of Lincolnshire</div> <div>OUR LADY OF LORETO</div>	<div>Wednesday of Advent Week 12</div> <div>St Damascus I Pope</div>	<div>Thursday of Advent Week 2</div> <div>OUR LADY OF GUADALUPE</div> <div></div>	<div>St Lucy Virgin, Martyr</div> <div></div>	<div>St John of the Cross Priest, Doctor</div> <div></div>

Virtue Link: **Diligence**
CST Link: **Dignity of Workers**
Mission: **Think of something you can do for someone else to bring them joy and find time to make it happen this week.**

DECEMBER 2024 - YEAR C - 3RD WEEK OF ADVENT



Joy

This Sunday is Gaudete Sunday and it means 'Rejoice'. Joy is more than just happiness; it's a deep and lasting feeling that comes from knowing God and living in His love. It helps us to see the good in everything, even when things are tough. Joy is found in prayer, in serving others, and in our journey through Advent. It's a choice to trust in God's plan for our lives and to find hope in his promises.

SUN 15TH	MON 16TH	TUES 17TH	WED 18TH	THURS 19TH	FRI 20TH	SAT 21ST
<div>3RD SUNDAY OF ADVENT GAUDETE</div> <div></div>	Monday of Advent Week 3	17th December	18th December	19th December	20th December	21st December <i>Optional Commemoration of St Peter Canisius. Priest, Doctor</i>



Love

Virtue Link: **Patience**

CST Link: **Family and Community**

Mission: **Think of someone who you love this week and make an effort to show and tell them that you love them.**

In the season of Advent, we are reminded of the great love that God has for us and the love we should have for each other. We know that Jesus Christ is the true example of love, and we celebrate this gift of love at Christmas time.

SUN 22ND

MON 23RD

TUES 24TH

WED 25TH

THURS 26TH

FRI 27TH

SAT 28TH

**4TH
SUNDAY
OF ADVENT**



23rd December

Optional
Commemoration
of St Peter
Canisius.
Priest, Doctor

24th December

**CHRISTMAS
DAY**
Solemnity



St Stephen
The First Martyr



**St John the
Evangelist**
Apostle, Evangelist



**The Holy
Innocents**
Martyrs

JANUARY 2025 - YEAR C - CHRISTMASTIDE



Epiphany

Virtue Link: **Gratitude**

CST Link: **Solidarity**

Mission: **What is a gift that you can give to to others? Think of a way to share your gift with your community this week.**

Epiphany celebrates the revelation of Jesus Christ to the world. It is a time to reflect on the mystery of Christ's birth and to renew our commitment to following Him. For us, Epiphany is a time to recognise that Christ came for everyone and we see this reflected in the visit of the Magi and the gifts that they brought.

SUN 5TH

MON 6TH

TUES 7TH

WED 8TH

THURS 9TH

FRI 10TH

SAT 11TH

**EPIPHANY
OF THE
LORD**

**Monday after
Epiphany**

**St Raymond of
Penyafort**
Priest

**Wednesday
after
Epiphany**

**Thursday after
Epiphany**

**Friday after
Epiphany**

**Saturday after
Epiphany**



JANUARY 2025 - YEAR C - 1ST WEEK IN ORDINARY TIME



Baptism

Virtue Link: **Charity**

CST Link: **Human Dignity**

Mission: **Think of one way you can be more like Jesus this week.**

Baptism is a sign of God's love and forgiveness, it marks a fresh start and a new beginning. When we are baptised are welcomed into the Church community of believers who love us, support us and help us grow. During baptism we are anointed as priest, prophet and king and called to live like Jesus did.

SUN 12TH

MON 13TH

TUES 14TH

WED 15TH

THURS 16TH

FRI 17TH

SAT 18TH

**BAPTISM
OF THE
LORD**



**Monday of
Week 1**

St Hilary,
Bishop, Doctor



**Tuesday of
Week 1**

**Wednesday of
Week 1**

**Thursday of
Week 1**

St Anthony
Abbot



**Saturday of
Week 1**

**St Margaret of
Hungary,**
Dominican



**Memorial
Blessed Virgin
Mary**

JANUARY 2025 - YEAR C - 2ND WEEK IN ORDINARY TIME



Discipleship

Virtue Link: **Fortitude**

CST Link: **Family and Community**

Mission: **Think of someone in need in your community who you can help and support this week.**

Discipleship is about following Jesus and living your life according to his teachings. It is a lifelong journey of learning and growing in faith. As disciples, we are called to grow in our relationship with God, to live out our faith in the world, and to serve others.

SUN 19TH

MON 20TH

TUES 21ST

WED 22ND

THURS 23RD

FRI 24TH

SAT 25TH

2
ORDINARY
TIME

Monday of
Week 2

St Fabian
Pope, Martyr

St Sebastian
Martyr

Bl Cyprian Tansi
Priest

St Agnes
Virgin, Martyr



Wednesday
of Week 2

St Vincent
Deacon, Martyr

Thursday of
Week 2

St Francis De
Sales
Bishop, Doctor



Conversion of
St Paul



JANUARY 2025 - YEAR C - 3RD WEEK IN ORDINARY TIME



Scripture

Virtue Link: **Temperance**

CST Link: **Dignity of Workers**

Mission: **Find a passage from the Gospels that you've not read before - reflect on what it might mean to you.**

Scripture is the Word of God. It is a collection of sacred writings that tell the story of God's love for humanity. As we read scripture, we learn about God's plan for our lives, and we are inspired to live a life of faith. Scripture can also be a source of comfort and guidance in difficult times and speaks to us throughout our lives.

SUN 26TH

MON 27TH

TUES 28TH

WED 29TH

THURS 30TH

FRI 31ST

SAT 1ST

3
ORDINARY
TIME

Word of God Sunday



Monday of
Week 3

St Angela
Merici
Virgin



St Thomas
Aquinas
Priest, Doctor



Wednesday
of Week 3

Thursday of
Week 3

St John Bosco
Priest
Founder of the
Salesians of Don
Bosco



Saturday of
Week 3

Memorial
Blessed
Virgin Mary



FEBRUARY 2025 - YEAR C - 4TH WEEK IN ORDINARY TIME



Humility

Virtue Link: **Justice**

CST Link: **Human Dignity**

Mission: **Find opportunities to put others before yourself this week.**

Humility is putting others before ourselves. When we show humility, we are open to learning from others, and are willing to serve others. As we grow in humility, we become more like Jesus Christ who humbled himself to share in our humanity.

SUN 2ND

MON 3RD

TUES 4TH

WED 5TH

THURS 6TH

FRI 7TH

SAT 8TH

**PRESENTATION
OF THE LORD**

**Monday of
Week 4**

**St Ansgar
(Oscar)
Bishop**

**St Blaise
Bishop, Martyr**



**St Gilbert of
Sempringham
Abbot**

St Agatha



**St Paul Miki &
Companions
Martyrs**

**Friday of
Week 4**

**Saturday of
Week 4**

**St Jerome
Emilian**

**St Josephine
Bakhita
Virgin**

**Memorial
Blessed Virgin
Mary**

FEBRUARY 2025 - YEAR C - 5TH WEEK IN ORDINARY TIME



Diversity

Virtue Link: **Prudence**

CST Link: **Rights and Responsibilities**

Mission: **Think about those people in your community who may feel left out. This week, try to find a way to help them feel loved and included.**

Diversity inspires us to celebrate our differences and to respect the dignity and value of everyone. We are all made in the image of likeness of God and we can recognise God in all people, however different they may seem. Diversity reminds us that we are all called to love one another and to create a world where everyone feels loved, accepted and included.

SUN 9TH

MON 10TH

TUES 11TH

WED 12TH

THURS 13TH

FRI 14TH

SAT 15TH

5
ORDINARY
TIME

St Scholastica
Virgin



Tuesday of
Week 5

OUR LADY OF
LOURDES



Wednesday of
Week 5

Thursday of
Week 5

Bl Jordan of
Saxony OP

St Cyril
Monk
& St
Methodius
Bishop
Patrons of Europe

Saturday of
Week 5

Memorial
Blessed Virgin
Mary

FEBRUARY 2025 - YEAR C - 6TH WEEK IN ORDINARY TIME



Responsibility

Virtue Link: **Diligence**

CST Link: **Rights and Responsibilities**

Mission: **Take responsibility for something this week and do something positive to benefit those in your communities.**

We all have rights and responsibilities. Jesus tells us that we have a responsibility to serve those around us and work for a world where everybody has what they need and deserve. We are called to work for a fair and just society and we all have a part to play in making it a reality.

SUN 16TH

MON 17TH

TUES 18TH

WED 19TH

THURS 20TH

FRI 21ST

SAT 22ND

**6
ORDINARY
TIME**

**Monday of
Week 6**

**7 Founders of
the Servite
Order**



**Tuesday of
Week 6**

**Bl John of
Fiesole OP**

**Wednesday of
Week 6**

**Thursday of
Week 6**

**Friday of Week
6**

**St Peter
Damian,
*Bishop, Doctor***

**St Peters
Chair**



FEBRUARY 2025 - YEAR C - 7TH WEEK IN ORDINARY TIME



Belonging

Virtue Link: **Patience**

CST Link: **Family and Community**

Mission: **Think about someone who's new to your community. Spend some time this week to get to know them better**

Belonging is a feeling of being accepted and valued. When we belong to a community, we know that we are not alone. Belonging is about being part of something bigger than ourselves, making a positive contribution and loving and supporting others.

SUN 23RD

MON 24TH

TUES 25TH

WED 26TH

THURS 27TH

FRI 28TH

SAT 1ST

7
ORDINARY
TIME

Monday of
Week 7

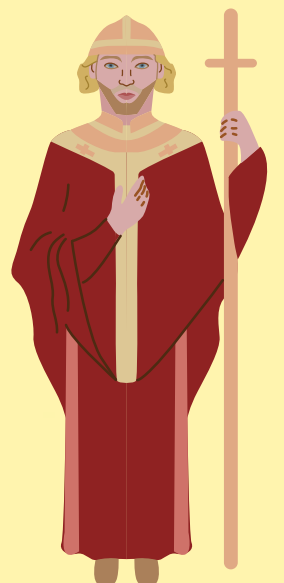
Tuesday of
Week 7

Wednesday of
Week 7

**Ss Margaret
Clithrow,
Anne Line &
Margaret Ward
Martyrs**

Friday of
Week 7

St David
*Bishop, Patron of
Wales*






Temperance

Virtue Link: **Temperance**

CST Link: **Stewardship**

Mission: **When you face a difficult situation this week, stop, take some time, and pray about what the right decision might be.**

Temperance is the virtue of self-control. It is about being able to control our desires and impulses, and to make choices that are good for us. We are often faced with temptations. Temperance can help us to resist these temptations and to make the right choices.

SUN 2ND	MON 3RD	TUES 4TH	WED 5TH	THURS 6TH	FRI 7TH	SAT 8TH
8 ORDINARY TIME	Monday of Week 8	Tuesday of Week 8	ASH WEDNESDAY	Thursday after Ash Wednesday	Friday after Ash Wednesday <i>Commemoration of Saints Perpetua & Felicity</i>	Saturday after Ash Wednesday <i>Commemoration of St John of God</i>
		St Casimir				

MARCH 2025 - YEAR C - 1ST WEEK IN LENT




Prayer

Virtue Link: **Gratitude**

CST Link: **Solidarity**

Mission: **Take a moment this week to pray.**
Think about what you want to say to God and what he might be saying to you.

Prayer is a conversation with God. It is a way of opening our hearts to him and sharing our thoughts and feelings with him. Prayer can be done in many different ways, such as through words, music, or silence. During Lent, we can use prayer to reflect on our relationship with God, and to ask for his guidance and strength.

SUN 9TH	MON 10TH	TUES 11TH	WED 12TH	THURS 13TH	FRI 14TH	SAT 15TH
1ST SUNDAY IN LENT 	Monday of Lent Week 1	Tuesday of Lent Week 1	Wednesday of Lent Week 1	Thursday of Lent Week 1	Friday of Lent Week 1	Saturday of Lent Week 1

MARCH 2025 - YEAR C - 2ND WEEK IN LENT



Fasting

Virtue Link: **Fortitude**

CST Link: **Option for the Poor**

Mission: **What can you go without this Lent?**

Think of something that you can give up to leave more time and space for what's important.

Fasting is a way of showing self-discipline and of focusing on our relationship with God. Fasting can also be a way of expressing solidarity with those who are less fortunate. Fasting is an important part of Lent, as it allows us to follow the example of Jesus in the desert, and to grow in our compassion for others.

SUN 16TH

MON 17TH

TUES 18TH

WED 19TH

THURS 20TH

FRI 21ST

SAT 22ND

**2ND
SUNDAY IN
LENT**



St Patrick
*Bishop, Missionary,
Patron of Ireland*



**Tuesday of
Lent Week 2**
*Commemoration of
St Cyril of
Jerusalem*

ST JOSEPH
*HUSBAND OF THE
BLESSED VIRGIN*
MARY
Solemnity



**Thursday of
Lent Week 2**
*Commemoration of
St Alcmund*

**Friday of Lent
Week 2**

**Saturday of
Lent Week 2**

MARCH 2025 - YEAR C - 3RD WEEK IN LENT



Almsgiving

Virtue Link: **Charity**

CST Link: **Option for the Poor**

Mission: **Find a way to give something to charity or to someone in need this week.**

Almsgiving is the practice of giving to those in need. It is a way of showing love and compassion for others. Almsgiving can also be a way of expressing our gratitude for God's blessings. Almsgiving is an important part of Lent, as it allows us to share with those in need and to be an example of mercy in the world.

SUN 23RD

MON 24TH

TUES 25TH

WED 26TH

THURS 27TH

FRI 28TH

SAT 29TH

**3RD
SUNDAY IN
LENT**



**Monday of
Lent Week 3**

**THE
ANNUNCIATION**
Solemnity



**Wednesday of
Lent Week 3**

**Thursday of
Lent Week 3**

**Friday of Lent
Week 3**

**Saturday of
Lent Week 3**

MARCH/APRIL 2025 - YEAR C - 4TH WEEK IN LENT



Sacrifice

Virtue Link: **Gratitude**

CST Link: **Stewardship**

Mission: **Think about someone who makes sacrifices for you and take moment to thank them for what they do this week.**

During Lent, we reflect on the sacrifice of Jesus and what it means for our lives. The sacrifice of Jesus is a reminder that we are all loved by God, and that we too, are called to live our lives for others as humble servants.

SUN 30TH

MON 31ST

TUES 1ST

WED 2ND

THURS 3RD

FRI 4TH

SAT 5TH

4TH
SUNDAY IN
LENT
LAETARE SUNDAY



**Monday of
Lent Week 4**

**Tuesday of
Lent Week 4**

**Wednesday of
Lent Week 4**
*Commemoration
of St Francis of
Paola*

**Thursday of
Lent Week 5**

**Friday of Lent
Week 5**
*Commemoration
of St Isidore*

**Saturday of
Lent Week 4**



Journey

Virtue Link: **Prudence**

CST Link: **Human Dignity**

Mission: **Spend some time in prayer thinking about your Lenten journey so far and what you want to do with the journey ahead.**

Lent is a time of journeying with Jesus Christ. It is a time of reflecting on our lives, repenting our sins, and growing in our faith. The journey of Lent is a challenging one, but it is also a rewarding one. It is a journey that can help us to grow closer to God so that we are ready to truly celebrate Jesus Christ's resurrection at Easter.

SUN 6TH	MON 7TH	TUES 8TH	WED 9TH	THURS 10TH	FRI 11TH	SAT 12TH
5TH SUNDAY IN LENT 	Monday of Lent Week 5 <i>Commemoration of St John Baptiste De La Salle</i>	Tuesday of Lent Week 5	Wednesday of Lent Week 5	Thursday of Lent Week 5	Friday of Lent Week 5 <i>Commemoration of St Stanilaus</i>	Friday of Lent Week 5 <i>Commemoration of St Guthlac of Crowland</i>

APRIL 2025 - YEAR C - HOLY WEEK / PASSIONTIDE



Passion

Virtue Link: **Justice**

CST Link: **Solidarity**

Mission: **Think of a difficult situation you are facing at the moment and ask Jesus to be with you and to give you courage.**

The passion of Jesus Christ is the story of his suffering and death - a story of love, sacrifice, and redemption. Jesus' courage and perseverance give us hope, strength and inspiration to carry on during difficult times. It reminds us that he truly understands us when we struggle and encounter hard times.

SUN 13TH

MON 14TH

TUES 15TH

WED 16TH

THURS 17TH

FRI 18TH

SAT 19TH

**PALM
SUNDAY**



Monday of
Holy Week

Tuesday of
Holy Week

Wednesday
of Holy Week

**SPY
WEDNESDAY**



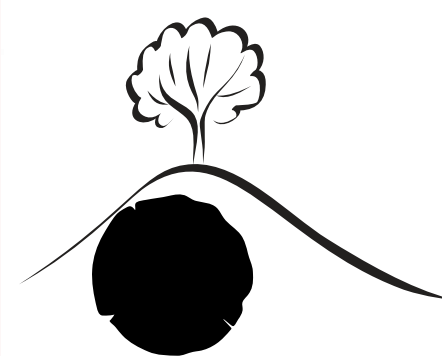
**MAUNDY
THURSDAY**



**GOOD
FRIDAY**



**HOLY
SATURDAY**



APRIL 2025 - YEAR C - 2ND WEEK OF EASTERTIDE



Mercy

Virtue Link: **Charity**

CST Link: **Human Dignity**

Mission: **Try and be merciful with everyone you meet this week, just as God is merciful with us.**

Mercy is God's love and forgiveness in action. We see this gift in a powerful way during Eastertide as we remember what Jesus did for us out of love. This Sunday is Divine Mercy Sunday and it is a reminder that we must be merciful to others, just as God is merciful with us.

SUN 27TH

MON 28TH

TUES 29TH

WED 30TH

THURS 1ST

FRI 2ND

SAT 3RD

**DIVINE
MERCY
SUNDAY**



St George
*Solemnity, Martyr,
Patron of England*



**St Catherine
of Sienna**
*Virgin, Doctor,
Patroness of
Europe*

St Pius V
Pope

**Thursday of
Easter week 2**

**St Joseph the
Worker**



St Athanasius
Bishop, Doctor

**Ss Philip &
James**
Apostles, Martyrs

MAY 2025 - YEAR C - 3RD WEEK OF EASTERTIDE



Faith

Virtue Link: **Temperance**

CST Link: **Family and Community**

Mission: **Think of something you need to have faith in this week. Spend some time in prayer to ask God for the faith you need.**

Having Faith can be hard. It requires us to believe in those things we can't prove and see. St. Thomas is famous for not believing that Jesus had risen, but this reminds us all that even for Jesus' disciples, faith wasn't always easy. Faith is a gift from God and if we can find it, and hold on to it, faith gives us strength comfort, and hope.

SUN 4TH

3RD
SUNDAY IN
EASTERTIDE

St John
Houghton
Priest, Martyr



MON 5TH

Monday of
Easter Week 3

TUES 6TH

Tuesday of
Easter Week 3

WED 7TH

Wednesday of
Easter
Week 3

THURS 8TH

Thursday of
Easter Week 3

FRI 9TH

Friday of
Easter Week 3

SAT 10TH

Saturday of
Easter Week 3

St John of
Avila
Priest, Doctor

MAY 2025 - YEAR C - 4TH WEEK OF EASTERTIDE



Vocation

Virtue Link: **Fortitude**

CST Link: **Stewardship**

Mission: **Spend some time talking to people about what you fell called to do with you life this week.**

A vocation is God's call to each of us. It is the unique way that God has designed us to serve him and others. Finding our vocation can take time and discernment but our vocation is a reminder that we all have a special purpose in this world, and we are all called to do something significant with our lives.

SUN 11TH

MON 12TH

TUES 13TH

WED 14TH

THURS 15TH

FRI 16TH

SAT 17TH

4TH
SUNDAY IN
EASTERTIDE
Good Shepherd
Sunday



Monday of
Easter Week 4

Ss Nereus &
Achilleus
Martyrs

St Pancras
Martyr

Tuesday of
Easter Week 4

OUR LADY
OF FATIMA



St Matthias
Apostle

Thursday of
Easter Week 4

Friday of
Easter Week 4

Saturday of
Easter Week 4

MAY 2025 - YEAR C - 5TH WEEK OF EASTERTIDE



Witness

Virtue Link: **Justice**

CST Link: **Solidarity**

Mission: **Find one way to share what your faith means to you with someone else this week.**

Witness is the sharing of our faith with others. It is a way of testifying to the truth of Jesus Christ and the Gospel message. Our witness can be a way of celebrating the hope and joy that we have in Jesus and a way of powerfully sharing the good news with those around us.

SUN 18TH

MON 19TH

TUES 20TH

WED 21ST

THURS 22ND

FRI 23RD

SAT 24TH

**5TH
SUNDAY IN
EASTERTIDE**

**Monday of
Easter Week 5**

**Tuesday of
Easter Week 5**

**Wednesday of
Easter Week 5**

**Thursday of
Easter Week 5**

**Friday of
Easter Week 5**

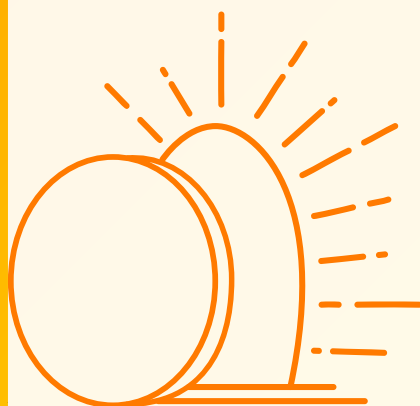
**Saturday of
Easter Week 5**

St Dunstan
*Archbishop of
Canterbury*

**St Bernadine
of Siena**
Priest

**St Christopher
Magallanes &
Companions**
Martyrs

**St Rita of
Cascia**



MAY 2025 - YEAR C - 6TH WEEK OF EASTERTIDE



Example

Virtue Link: **Prudence**

CST Link: **Dignity of Workers**

Mission: **This week, Think of a something positive and loving you can do for those around you to set a good example others.**

An example is a model of behaviour. It is something that we can look to in order to learn how to live our lives. The lives of the saints, and other holy men and women, remind us that we are all called to follow the example of Jesus Christ. We too, should also be an example to others by trying to live a life of love, service, and forgiveness.

SUN 25TH

MON 26TH

TUES 27TH

WED 28TH

THURS 29TH

FRI 30TH

SAT 31ST

**6TH
SUNDAY IN
EASTERTIDE**

St Philip Neri
Priest

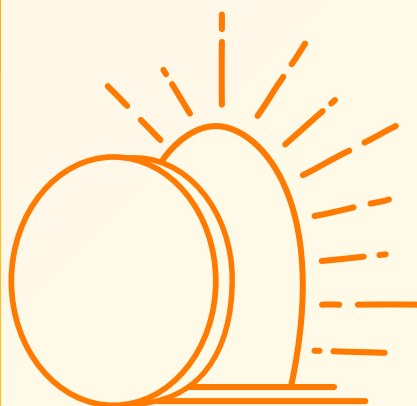
**St Augustine
of Canterbury**
Bishop

**Wednesday of
Easter Week 6**

**ASCENSION
OF THE LORD**
*Solemnity
Holy Day of Obligation*

**Friday of
Easter Week 6**

**VISITATION OF
THE BLESSED
VIRGIN MARY**



JUNE 2025 - YEAR C - 7TH WEEK OF EASTERTIDE



Communication

Virtue Link: **Diligence**

CST Link: **Dignity of Workers**

Mission: **Send a message to someone this week to tell them that they are loved.**

Communication can take many forms in the world today. It is a way of building relationships and sharing the good news of our faith with others. This week we are called to think about the different ways we can communicate God's message to the world and how we can bring people together and inspire others through the message that we share.

SUN 1ST

MON 2ND

TUES 3RD

WED 4TH

THURS 5TH

FRI 6TH

SAT 7TH

7TH
SUNDAY IN
EASTERTIDE
Communication Sunday

Monday of
Easter Week 7

Ss Marcellinus
& Peter
Martyrs

St Charles
Lwanga &
Companions
Martyrs

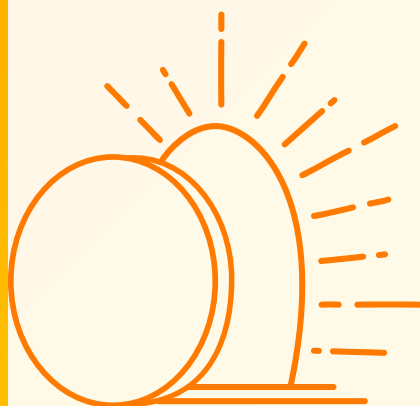
Wednesday of
Easter Week 7

St Boniface
Bishop, Martyr

Friday of
Easter Week 7

St Norbert
Bishop

Saturday of
Easter Week 7



JUNE 2025 - YEAR C - 10TH WEEK IN ORDINARY TIME



Pentecost

Virtue Link: **Patience**

CST Link: **Family and Community**

Mission: **Find out how to say something nice in a new language this week and take opportunities to share good news with others.**

Pentecost is where we celebrate the coming of the Holy Spirit. At Pentecost the Holy Spirit came down upon the apostles in the form of tongues of fire, and they were filled with the Spirit and began to speak in other languages. This day is often referred to as the Church's birthday as it marks the moment when the disciples were inspired to go out into the world to share the good news, and to bring people to Christ.

SUN 8TH

MON 9TH

TUES 10TH

WED 11TH

THURS 12TH

FRI 13TH

SAT 14TH

P
E
N
T
E
C
O
S
T

MARY
MOTHER OF
THE CHURCH



Tuesday of
Week 10

St Barnabas
Apostle
Cathedral Saint
for Diocese of
Nottingham



OUR LORD
JESUS CHRIST
THE ETERNAL
HIGH PRIEST



**St Anthony of
Padua**
Priest, Doctor



Saturday of
Week 10

Memorial
**Blessed Virgin
Mary**



JUNE 2025 - YEAR C - 11TH WEEK IN ORDINARY TIME



Trinity

Virtue Link: **Charity**

CST Link: **Option for the Poor**

Mission: **Say a prayer this week to God the father, God the Son and God the Holy Spirit and think about who God is to you.**

The Trinity is a mystery that we can never fully understand, but it is a central part of our Catholic faith. The Trinity is the belief that there is one God who exists in three persons: the Father, the Son, and the Holy Spirit. These three persons are distinct from each other, but they are also one God. This special feast helps us reflect on how we understand God and inspires us to get to know him more closely in our lives.

SUN 15TH

MON 16TH

TUES 17TH

WED 18TH

THURS 19TH

FRI 20TH

SAT 21ST

**THE
MOST
HOLY
TRINITY**



**Monday of
Week 11**

**St Richard of
Chichester**
Bishop

**Tuesday of
Week 11**

**Wednesday of
Week 11**

**Thursday of
Week 11**

St Romuald
Abbot

**Friday of
Week 11**

St Alban
*First Martyr of
England*



**St Thomas
More and St
John Fisher**
Martyr



St. Thomas More
CATHOLIC VOLUNTARY ACADEMY

JUNE 2025 - YEAR C - 12TH WEEK IN ORDINARY TIME



Eucharist

Virtue Link: **Gratitude**

CST Link: **Rights and Responsibilities**

Mission: **Share a meal with the people you love this week.**

The Eucharist is the source and summit of our faith. The Eucharist is a powerful way in which we receive Jesus Christ into our hearts and are united with him as one body. The Eucharist is a source of strength and nourishment, and as we receive it, just as the disciples did at the Last Supper, we are reminded of God's love for us and of our call to love others.

SUN 22ND

MON 23RD

TUES 24TH

WED 25TH

THURS 26TH

FRI 27TH

SAT 28TH

**MOST HOLY
BODY &
BLOOD
OF CHRIST**



**Monday of
Week 12**

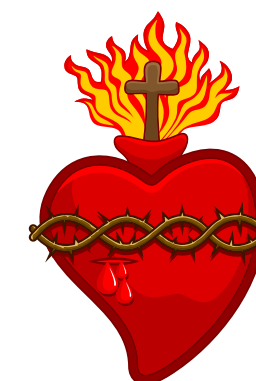
St Etheldreda
Abbess

**Nativity of
St John
the Baptist**

**Wednesday of
Week 12**

**Thursday of
Week 12**

**THE MOST
SACRED
HEART
OF JESUS**
Solemnity



St Irenaeus
*Bishop, Doctor,
Martyr*

**IMMACULATE
HEART OF
MARY**



JUNE/JULY 2025 - YEAR C - 13TH WEEK IN ORDINARY TIME



Missionary Discipleship

Virtue Link: **Fortitude**

CST Link: **Stewardship**

Mission: **Find a way to put your faith into action this week to help others to Encounter Jesus**

Missionary Discipleship is the call to share our faith with others. Missionary Discipleship reminds us that we must go out and share the love of Christ with others, to make the world a better place. Missionary Discipleship is a way of life that is full of joy and hope and in living our life in this way we can bring others to encounter Christ through us.

SUN 29TH

MON 30TH

TUES 1ST

WED 2ND

THURS 3RD

FRI 4TH

SAT 5TH

**SAINTS
PETER
&
PAUL**

Monday of
Week 13

Tuesday of
Week 13

Wednesday of
Week 13

St Thomas
Apostle

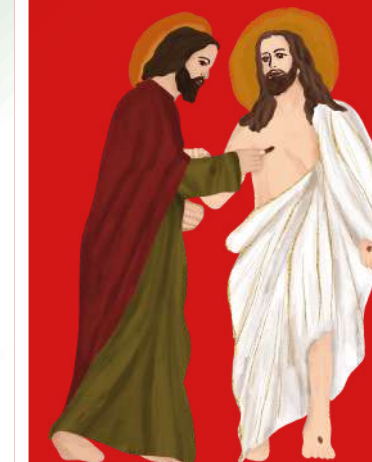
Friday of
Week 13

Saturday of
Week 13

**First Martyrs
of Rome**



**St Oliver
Plunket**
Bishop, Martyr



**St Elizabeth of
Portugal**

**St Anthony
Mary Zaccaria**
Priest

Memorial
**Blessed Virgin
Mary**

JULY 2025 - YEAR C - 14TH WEEK IN ORDINARY TIME



Support

Virtue Link: **Temperance**

CST Link: **Family and Community**

Mission: **Write a message of support for someone who is facing a challenge this week. Give the message to them to help them know you are there.**

Support is the act of providing encouragement and assistance. It is about being there for someone when they need you Just as Jesus is there for each of us. We will all have times when we need support from those around us and this can help us to cope with challenges and to achieve our goals.

SUN 6TH

MON 7TH

TUES 8TH

WED 9TH

THURS 10TH

FRI 11TH

SAT 12TH

14
ORDINARY
TIME

Monday of
Week 14

Tuesday of
Week 14

Wednesday of
Week 14

Thursday of
Week 14

St Benedict
*Abbot, Founder of
the Benedictine
Order,
patron of Europe,*



Saturday of
Week 14

Memorial
**Blessed Virgin
Mary**



**St Augustine
Zhao Rong &
Companions**
Martyrs

JULY 2025 - YEAR C - 15TH WEEK IN ORDINARY TIME



Gratitude

Virtue Link: **Justice**

CST Link: **Rights and Responsibilities**

Mission: **Make a special effort to say thank you this week to those people in your community who love and support you.**

Gratitude is being thankful for what we have. It is about being grateful for the good things in our lives. We have a lot to be grateful for and it is important to take time to appreciate the good things in our lives. Having gratitude helps us to be truly happy and to live a fulfilling life.

SUN 13TH

MON 14TH

TUES 15TH

WED 16TH

THURS 17TH

FRI 18TH

SAT 19TH

15
ORDINARY
TIME

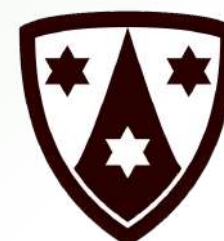
Monday of
Week 15

**St Camillus of
Lellis**
Priest

St Bonaventure
Bishop, Doctor

Wednesday of
Week 15

**OUR LADY OF
MOUNT CARMEL**
*Patroness of the
Carmelite Order*



Thursday of
Week 15

Friday of Week
15

Saturday of
Week 15

Memorial
**Blessed Virgin
Mary**



JULY 2025 - YEAR C - 16TH WEEK IN ORDINARY TIME



Celebration

Virtue Link: **Diligence**

CST Link: **Solidarity**

Mission: **Take time to celebrate this week and find an opportunity to praise someone else for something they have achieved.**

A celebration is when we come together to rejoice in the things that are good. It is a time to give thanks to God for all his blessings and to recognise what he's given to us in love. We should always look for things we can celebrate, and through our celebrations, we can share happiness and joy with others.

SUN 20TH

MON 21ST

TUES 22ND

WED 23RD

THURS 24TH

FRI 25TH

SAT 26TH

16
ORDINARY
TIME

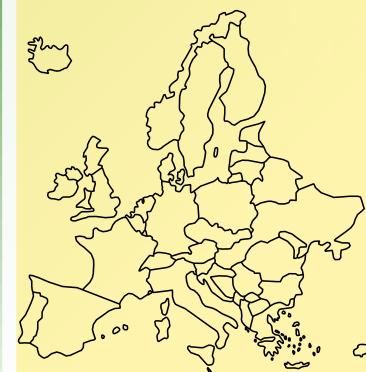
Monday of
Week 16

St Laurence of
Brindisi
Priest, Doctor

St Mary
Magdalene



St Bridget of
Sweden
Patroness of
Europe



Thursday of
Week 15

St Charbel
Makhlouf

St James
Apostle



St Joachim &
St Anne
Parents of the
Blessed Virgin Mary

JULY 2025 - YEAR C - 17TH WEEK IN ORDINARY TIME



Thanksgiving

Virtue Link: **Prudence**

CST Link: **Human Dignity**

Mission: Take time to pray this week and to give thanks for the good things that God has given you.

Thanksgiving is an opportunity to express our gratitude to God for all his gifts. To be truly thankful is to reflect on the good things in our lives and also to give thanks for the people who love and support us. Taking time to say thank you helps to us all to be grateful for what we have.

SUN 27TH

MON 28TH

TUES 29TH

WED 30TH

THURS 31ST

FRI 1ST

SAT 2ND

17
ORDINARY
TIME

Monday of
Week 17

**Ss Martha,
Mary &
Lazarus**

Wednesday of
Week 17

**St Peter
Chrysologus**
Bishop, Doctor

**St Ignatius of
Loyola**
*Priest, Founder of
the Society of
Jesus(Jesuits)*



**St Alphonsus
Mary
De'Liguori**
*Bishop, Doctor,
Founder of the
Redemptorists*



Saturday of
Week 17

**St Eusebius of
Vercelli**
Bishop

**St Peter Julian
Eymard**
Priest

Memorial
**Blessed Virgin
Mary**