

St Philip Howard

Catholic Life Newsletter



Advent Term 2023

Come along with us on our journey...

Hello and welcome to this Academic Year's first edition of our Catholic Life Newsletter. Here, you can find all of the information on collective worship, charity and community events taking place at St Philip Howard CVA. We will also be showcasing all of the good work that we do to support Catholic Social Teaching throughout this Term.

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Mass Calendar

Below is our Mass calendar for this Term. Masses take place at St Mary's Church and parents/carers are also invited to attend. Mass days are subject to change due to Parish events, please check the Parish newsletter for weekly updates regarding this.

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28 Year 11 Mass (2 Classes)	29 Year 11 Mass (2 Classes)	30

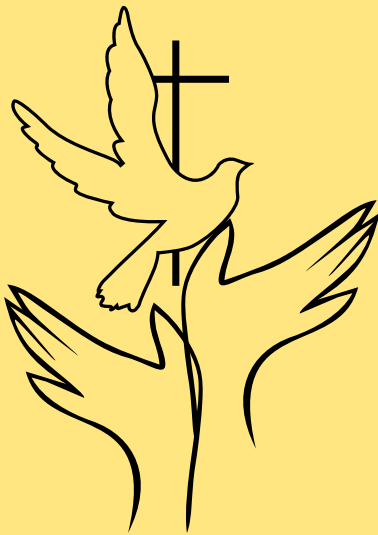
October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 Year 10 Mass (2 Classes)	6 Year 10 Mass (2 Classes)	7
8	9	10	11	12	13	14
15	16	17	18	19 Whole School Mass	20	21
22	23	24	25	26 Year 9 Mass (2 Classes)	27 Year 9 Mass (2 Classes)	28
29	30	31				



November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16 Year 8 Mass (2 Classes)	17 Year 8 Mass (2 Classes)	18
19	20	21	22	23	24	25
26	27	28	29	30 Year 7 Mass (2 Classes)		

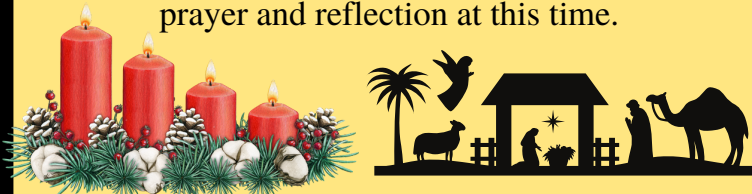


December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Year 7 Mass (2 Classes)	2
3	4	5	6	7	8	9
10	11	12	13	14 Year 7, 9 & 11 Mass	15 Year 8 & 10 Mass	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Advent Term

The word Advent comes from the Latin word for “coming”. Advent is the time in which we prepare for the coming of Christmas, the memorial of Christ’s birth. Not only do we focus on practical preparations at Advent, such as putting up our tree and decorating as we approach the festive season, but we prepare ourselves spiritually also. The church invites us to enter more frequently into silence, prayer and reflection at this time.



The Tree of Prayers



Our Year 7 pupils have written a prayer of thanksgiving for their new friends and teachers.

AKI sending photograph

Rosary in the Chapel

In October, we remember Mary the mother of God in our prayers. We use rosary beads to help us focus on the five mysteries:

- The Annunciation of the Angel Gabriel to Mary.
- The visitation of Mary to Elizabeth.
- The Birth of Jesus in Bethlehem of Judea.
- The Presentation of Jesus in the Temple.
- The Finding of Jesus in the Temple.

The SPH Chaplaincy Team will lead the Rosary in the Chapel on Friday lunchtimes.



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R Some of our older pupils are taking part in the Adoration of the Blessed Sacrament in Saint Mary's Church in October.



Rosary Beads Gifted to SPH

The Rosary beads are donated by the Catenian Rosary Group, which is funded by the Catenians. They wish to spread the powerful prayer of the Rosary. They started collecting unwanted and broken Rosaries and sending them to schools, missions and prisons. They have sent over 178,000 into nearly 700 schools to date. We are so grateful for our donation and know that the staff and pupils at SPH will put them to good use.

Pilgrimage

This Term, our Pilgrimage around the school is focusing on significant pilgrimages around the world. These include Walsingham, Lourdes, Padley, Rodsley, The Golden temple, Rome and the Holy Places. Each form will be visiting each of these points in order to learn more about these sacred journeys.



All Saints' Day

All Saints' Day is celebrated on 1st November to remember all saints and the martyrs during Christian history, especially St Ralph Sherwin and St Philip Howard. It is followed by All Souls' Day on November 2nd to commemorate those who have passed away such as our loved ones and those around the world who have died as a result of natural disasters. In school we will remember them during our form prayers and worship that week.

On the 19th October it is the feast day of Saint Philip Howard our Patron Saint. The whole school will be celebrating this day at Holy Mass where some of our pupils will participate in the readings and in the school choir.



Weekly Reflections

Our weekly reflections remain a meaningful aspect of our weeks at SPH, and allow staff and students to learn and reflect upon current religious events and themes. A different member of staff leads the reflection each week.

The reflection themes for this Term are as follows:

11/09 - Encounter: The Most Holy Name of Mary. Our personal encounter with God.

18/09 - Outreach: Feast of Saint Matthew.

25/09 - Dialogue: Saint Vincent de Paul, Priest.

02/10 - Listen: Saint Francis of Assisi

09/10 - Rosary: The mysteries of the Rosary

16/10 - Respect: Feast of Saint Luke

23/10 - Justice: The key values of the Catholic Faith

06/11 - Change: Saint Leo the Great, Pope

13/11 - Remembrance/ St Hugh of Lincoln

20/11 - Youth: The Presentation of the Blessed Virgin Mary/ Our Lady of Lourdes

27/11 - Kingdom: Christ the King/ Saint Ralph Sherwin and the Martyrs of Derbyshire

04/12 - Hope: First Sunday of Advent

11/12 - Peace: Our Lady Of Guadalupe

18/12 - Joy: We rejoice in the coming of Jesus Christ

Quiet Morning Reflection

As part of 'Wellbeing Wednesday', pupils have had the opportunity to take part in a quiet morning reflection on Wednesday mornings. Students can sign up to take part in the reflection on the Friday before. This reflection time allows pupils to have a period of peaceful contemplation in the middle of the busy school week and to connect with their thoughts, feelings and faith.

Inside the Chapel



A number of our pupils have shared why the Chapel is important to them. The students wrote what the Chapel means to them on a wooden stick, and these were used to decorate a cross that stands in the Chapel. It was great to see that our pupils view the Chapel as a place of worship where we can gather together to celebrate our faith.

They also described the fun, joy and peace that being in the Chapel brings. The Cross will serve as a reminder of how much the Chapel means to the pupils of our school and also how it brings us together.



The Saints of SPH

St Philip Howard - St Philip Howard, the Saint after whom the school was named, was imprisoned in the Tower of London in 1585 for being a Roman Catholic. He was tried for high treason; found guilty, fined £10,000 and condemned to death. In the Tower of London, he was kept constantly in fear of execution for 10 years. Queen Elizabeth I said that if he attended a Protestant Service, he could see his wife and son and his honours would be restored but Howard responded: 'If my religion be the cause for which I suffer, sorry I am that I have but one life to lose'.

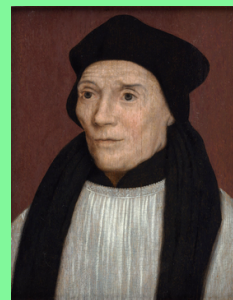
Form Saints

St Edmund Campion



- St. Edmund Campion was part of a group noted for its educational, missionary, and charitable works.
- Campion joined the first mission to minister the Catholics of England who were strictly forbidden to practice their religion.
- After preaching at secret Catholic meetings, Campion created a sensation by having 400 copies of his pamphlet denouncing Anglicanism, distributed before a service in Oxford.
- Under severe torture he refused to give up his religious convictions and was convicted of treason.
- He was executed by being hung drawn and quartered.

St John Fisher



- Saint John Fisher was an English Roman Catholic Bishop, Cardinal and Martyr.
- When the question of Henry's divorce from Queen Catherine arose, Fisher declared that he was ready to die if marriage could be dissolved.
- He was executed in the Tower of London by King Henry VIII for refusing to accept Henry as Head of the Church of England.
- Fisher was taken from his cell to be executed for treason. He was so weak that he had to be supported but clung onto his copy of the New Testament
- John Fisher was canonized a Saint due to his example of learning, holiness, faith, loyalty and courage.

St Robert Southwell



- Robert Southwell, English poet and martyr, is remembered for his saintly life as a Jesuit priest during a time of Protestant persecution.
- He was ordained a priest and made prefect of studies at the English College at Rome.
- He returned to England as a missionary when he became chaplain to Anne Howard and spiritual adviser to her husband, the 1st Earl of Arundel (St Philip Howard). Southwell was arrested in 1592 while celebrating mass
- He was tortured in an attempt to make him reveal the whereabouts of his fellow priests and imprisoned in the Tower of London in solitary confinement.
- In 1595, he was tried for treason and executed.

St Margaret Clitherow



- St Margaret Clitherow was brought up in Protestant England and converted to Roman Catholicism. She refused to attend the Anglican Church and was repeatedly fined but was later imprisoned for nearly a year.
- Clitherow allowed secret masses to be celebrated in her home, where she also hid Roman Catholic missionary priests.
- After further imprisonments and releases, she was seized in 1586 and refused to make a plea stating that only God could judge her.
- She was executed by being slowly crushed to death with an 800-pound weight.

Black History Month

Throughout the month of October, SPH will celebrate Black History Month. We will honour the invaluable contributions of black individuals throughout history, art and literature. Mrs Worley will be leading activities to celebrate Black History Month throughout the whole of the curriculum, including sharing poetry and art by black creators and looking at significant historical events.



Remembrance Sunday



On and around Sunday 13th November, we at SPH will commemorate the contribution of British and Commonwealth military and civilian servicemen and women in the two World Wars and later conflicts.

We will be remembering those who gave their lives and made sacrifices to protect our freedoms. As a school, we will be hosting assemblies to remember the fallen and will be raising money for the British Legion.

CAFOD Family Fast Day

CAFOD was founded when women from the National Board of Catholic Women, the Catholic Women's League and the Union of Catholic Mothers organised the first CAFOD Family Fast Day in 1960. The Fast Day reminds us of the importance of selflessness and giving something up, especially to help those in need. It recognises that we are *all* one big family and creates a solidarity with those who are less fortunate than ourselves.



Human Rights Day

Human Rights Day will take place this year on Sunday, 10th December. The Justice team will looking at the various campaigns within the context and principles of Catholic Social Teaching.

Themes of Catholic Social Teaching

- dignity of the human person.
- the common good.
- rights & responsibilities.
- preferential option for the poor.
- economic justice.
- promotion of peace & disarmament.
- solidarity.
- stewardship.



As We will be fundraising for Cafod by asking pupils to wear something bright and colourful. On sale we will have soup and a roll provided by the staff in Food Technology. If you would like to find out more about the work of CAFOD please follow this link:

<https://cafod.org.uk>

A CAFOD breakfast will also be held at St Mary's Church at 10.15am on Sunday 8th October. Everyone is welcome to come along for a bacon sandwich, pastries and hot drinks!



National Inclusion Week

National Inclusion Week is a week dedicated to celebrating inclusion and taking action to make spaces more inclusive. At SPH, we always welcome and celebrate our differences. This National Inclusion Week, we wanted to take further steps to ensure that all pupils can feel included and assisted in their education, no matter what their individual needs may be. Therefore, new support sheets have been rolled out to assist with the completion of tasks set in class. Our school bookmarks that are handed out to pupils at the beginning of each academic year have also been altered to benefit more pupils. The bookmarks include helpful Maths and Literacy tips for pupils to use in lessons and we have now printed these in a larger, more dyslexia-friendly font.

Get 'ready to learn' lesson checklist.

S^T PHILIP HOWARD
PROVIDING EDUCATION FOR ALL

Put your planner, equipment and Reading Book on your desk. ☐

Open your exercise book on the next clean page. ☐

Write the date which is on the board. ☐

Underline the date with a ruler. ☐

Write the Key Question for the lesson. ☐

Underline the Key Question with a ruler. ☐

Begin your 'RRR' task. ☐

	Topic:	Key Vocabulary / Sentence Starters	Completed
Retrieves, Revisits, Recalls 	Starter Task: 	* 	
The Learning Journey 	Learning Objective: Task One: 	* 	
The Learning Journey 	Task Two: Task Three: 	* 	
Metacognition 	Plenary: 	* 	



Year 7 Explore St Mary's Church

Our Year 7 pupils have had the opportunity to look around St Mary's Crown Church in preparation for them attending Mass. They were amazed at the size of the building and enjoyed looking at the Baptismal font and Church organ. They had lots of questions and they left well prepared for taking part in the Parish and school Masses in future. This experience was also a part of their preparation for Feast Day which will take place on 19th October.

Macmillan Coffee Morning

Like millions of other people across the world, SPH hosted a Coffee Morning in aid of Macmillan cancer charity. A number of our pupils attended the 8.30am Mass at St Mary's Church on Friday and sold cakes outside of the Church afterwards. Cakes were also available to buy in exchange for a Macmillan donation at break and lunch time in school.



◆*◆*◆*◆*◆*◆* Lourdes ◆*◆*◆*◆*◆*◆

Some of our year ten and eleven pupils along with Ms Neves and Mr Doherty went on a pilgrimage to Lourdes. They had an amazing time meeting people from all over the Nottingham diocese, they had the opportunity to carry banners for the Torchlight procession and for the Blessed Sacrament Procession. The pupils and staff enabled people who needed support to attend the Mass for the anointing of the sick at the St Bernadette Grotto. They participated in the Mass for the Nottingham Diocese and managed to have a photograph with Bishop Patrick. They came back feeling uplifted by the whole experience.



RE GCSE results 2023

We are extremely proud of the achievements of our pupils in their 2023 RE GCSE results. 63% of our pupils were awarded grade 4 or higher, a statistic which is up by 15%. 28% of pupils even achieved grades 7-9, an amazing 14% improvement from last year.



New RE Teacher Joins SPH!

We are delighted to announce that we have appointed a new RE teacher, Miss Jackson, who started her journey at SPH this September. She has already settled into the school and made a great impact on the religious education of our pupils.

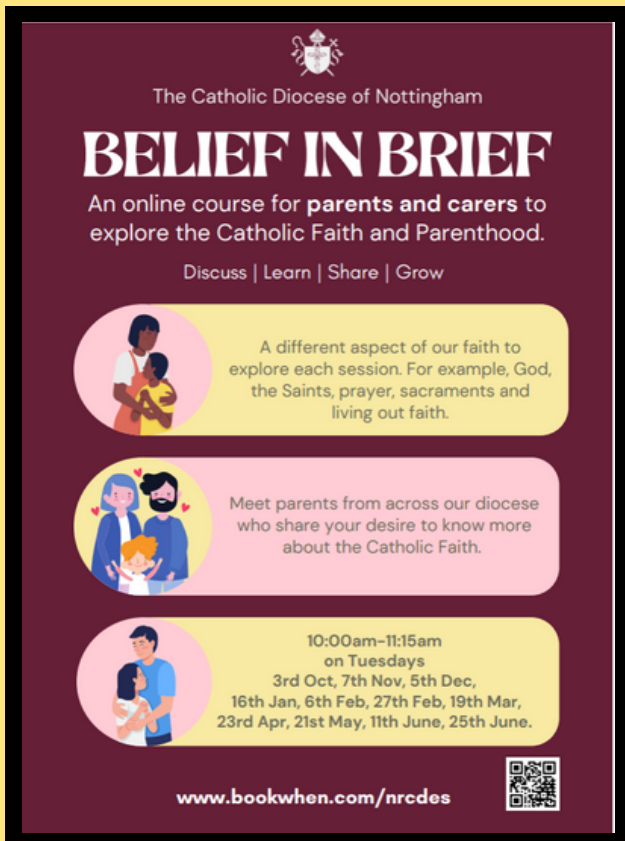
Keeping Standards High at SPH

At SPH, we have had and are continuing to have visits from the Trust Director of Performance and Standards who is also a Catholic Inspector. They will be looking at Catholic life, collective worship and RE in the school. These checks ensure that we are keeping up the high standards within the school, which has become a hub of faith, positive religious attitudes and a spiritual community.

Student Leadership

We have now appointed a number of Year 11 pupils to take on leadership roles within the school. Congratulations to our new Head girl, Isabella Wright and new Head boy, Ethan Rolls. Our newly appointed Pupil Assistant Head and Head of Chaplaincy is Harriet Kinnersley, who we look forward to giving a student input on Catholic Life within the school. Harriet has had a significant involvement in various clubs throughout her time at SPH, including the Chaplaincy Team.

BELIEF IN BRIEF



The Catholic Diocese of Nottingham

BELIEF IN BRIEF

An online course for **parents and carers** to explore the Catholic Faith and Parenthood.


Discuss | Learn | Share | Grow

A different aspect of our faith to explore each session. For example, God, the Saints, prayer, sacraments and living out faith.

Meet parents from across our diocese who share your desire to know more about the Catholic Faith.

10:00am–11:15am on Tuesdays
3rd Oct, 7th Nov, 5th Dec,
16th Jan, 6th Feb, 27th Feb, 19th Mar,
23rd Apr, 21st May, 11th June, 25th June.

www.bookwhen.com/nrcdes



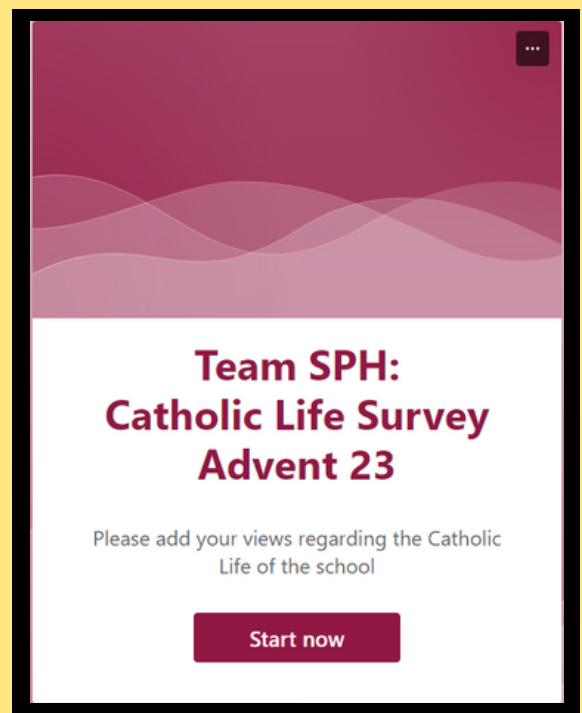
Parents and Carers have an opportunity to learn more about Catholicism through ‘Belief in Brief’, an online platform for spiritual education. The aim is to provide our parents and carers with a greater knowledge and understanding of the Catholic faith. All are welcome to join these informal sessions – the first will be taking place on Tuesday 3rd October. To sign up, please use the following link:

www.bookwhen.com/nrcdes

Catholic Life Parent Voice

Parents are welcome to share their views regarding the Catholic Life of the school through our Parent Voice. The deadline for completion is Monday 23rd October and the survey can be accessed through this link:

<https://forms.office.com/e/aQ2PiBNip5>



**Team SPH:
Catholic Life Survey
Advent 23**

Please add your views regarding the Catholic Life of the school

Start now