

Flapjack

Ingredients

- 150g porridge oats
- 50g margarine
- 1 tablespoons syrup (the school will provide this)
- 2 heaped teaspoons of sugar
- 50g flavouring e.g. dried fruit

Choc chips, coconut (Optional)

*A suitable container to go in the oven

20p for a foil tray (if you do not have an oven proof dish)

Method

1. Preheat oven to 180°C/ Gas 5
2. In a pan gently melt the margarine, syrup, and sugar over low heat, stirring with a wooden spoon.
3. Remove the saucepan from the heat and stir in the oats and any flavourings.
4. Tip the mixture into the foil tray and flatten with a fork.
5. Bake in the oven for approximately 15-20 minutes, cool for several minutes, before cutting the flapjacks into biscuit pieces.

